



This week's Appeal

Please, no
products
with
alcohol

**Dried Rice
1kg & 500g**

Jam

UHT Orange Juice

UHT Milk

Tinned Fruit

Soap

Advent Calendars

Many Thanks

www.thefoodbank.org.uk

Food Donation Points currently operational

Workington: *Tesco, Morrisons, Asda, Iceland, Foodbank Centre at the Bridge Centre, Lloyds TSB, Library.*

Aspatria: *Library*

Seaton: *One Stop, Library.*

Whitehaven: *Morrisons, Tesco, Foodbank Centre at New Life Church.*

Cockermouth: *Sainsburys, Cockermouth Foodbank Centre at Lorton Street Methodist Church, NISA*

Wigton: *Co-op, Wigton Foodbank Centre, Library.*

Maryport: *Maryport Foodbank Centre, Spar (Curzon St), Lidl, Library*

Cleator Moor: *Co-op*

Silloth: *Co-op, Library*

Egremont: *Co-op, Egremont Foodbank Centre*

Keswick: *Booths Supermarket, both Spar Garages, Library*

To see when the Foodbank Centres are open, go to our website

www.thefoodbank.org.uk