



This week's Appeal

Tinned Tuna

UHT Milk

UHT Orange Juice

Tinned Fruit

Tinned Vegetables

Tinned Meat

Many Thanks

www.thefoodbank.org.uk

Food Donation Points currently operational

Workington: Tesco, Morrisons, Asda, Iceland, Foodbank Centre at the Bridge Centre, Lloyds TSB

Whitehaven: Morrisons, Tesco, Foodbank Centre at New Life Church

Cockermouth: Sainsburys, Co-op, Cockermouth Foodbank Centre at Lorton Street Methodist Church, NISA

Wigton: Co-op, Wigton Foodbank Centre

Maryport: Maryport Foodbank Centre, Spar (Curzon St), Lidl

Cleator Moor: Co-op

Silloth: Co-op

Egremont: Co-op, Egremont Foodbank Centre

Keswick: Booths Supermarket

To see when the Foodbank Centres are open, go to our website

www.thefoodbank.org.uk